

GUIDELINES & RECOMMENDED PREPARATION FOR THE FESTIVAL

The price of the festival is 2000 US dollars.

The additional cost are:

2 Nights in Ibis Hotel

Van drive to Tarauaca - Rio Branco - Tarauaca

Aerotaxi to Jordan - Tarauaca - Jordan

1 Night hotel Jordan

SCHEDULE:

12.4. ... meeting in Rio Branco, Ibis hotel

13.4. ... driving to Tarauaca with vans, buying hammocks,...

13.4. Afternoon .. flying to Jordan with moto taxis

14.4. Going with the boats to Huni Kuin community Boa Vista

15.4. Festival starts

23.4. Festival finishes

24.4. Going back with boats to Jordan

25.5. Flying back to Rio Branco, goodbye dinner in the hotel

WHAT TO BRING:

We will fly with a small aeroplane to the city of Jordan, its called aero taxi and is very small. Please bring your backpack with max 15 kg.

You will buy your comfortable hammock in Brazil, so no need to bring one with you. Later you can post it home and have a beautiful memory.

- Sleeping bag/blankets
- Raincoat & Rubber Boots ... can be bought in Brazil
- Sunscreen & Lip Protection (biodegradable and non-toxic where possible)
- Flashlight (s) (wind up are best but extra batteries if these are required)
- Bath Towel & Personal hygiene items (biodegradable, if possible - we are in the forest and the land absorbs all of the chemical runoffs from toiletries do please use natural where possible!)
- Insect Repellent ... you can buy In Brazil
- Toilet Paper, Alcohol antibacterial gel

- First Aid Kit (Emergency Remedies for Fever, Infection, or Flu)
- Knife
- Personal cutlery
- Bottle of mineral water (can be bought in the town of Jordao)
- Light, breathable clothes day time clothes and ceremonial clothing - it's hot in the day but there are insects about.
- Long sleeve trousers and blouses (to protect from sun and mosquitoes)and swimming costume for bathing
- Sun Hat/Cap
- Lightweight raincoat - it also can get chilly at night
- Closed shoes/trainers/walking boots - the forest floor is alive!
- Chlorine tablets (to be diluted in water)
- Water filter (we suggest Lifestraw)
- Extra food/snacks

PREPARATION OF THE BODY AND MIND BEFORE AND AFTER THE FESTIVAL

Yoga is a very good way to combine with medicine world. Practising daily different body postures (Asanas) is preparing us to reduce body pains while sitting for long nights in the ceremonies. Regular meditations prepare our minds to settle down the ongoing thoughts and help to transcend the mind, giving us the opportunity to dive deeper and faster into the self with ayahuasca. In case you do not have a regular sadhana (spiritual practices) please do contact us and we will guide you how to start.

Before your journey, spend more time in nature, take care of your business or family matters to free your mind and heart.

After the festival take your time, no need to rush and share the experience. It is your seed and keep it deep in your heart, nursing it every moment to grow into a beautiful interior garden. Integrate the experience in quite places and nature. Spend your time peaceful environment and enjoy your being.

2 WEEKS BEFORE YOUR TRAVEL, DURING THE FESTIVAL AND AS MUCH AS YOU CAN AFTER FESTIVAL ABSTAIN FROM:

Pork & Red Meats

Sexual activities of any kind, including masturbation

Alcohol beverages of any kind

All chemical drugs (cocaine, mdma, lsd, ecstasy, amphetamines, etc.)

Spicy foods

Refined sugars

Junk & processed foods

Large salt intake

Sweets or chocolates

Oils

Carbonated drinks

Fermented foods

CEREMONIAL PROTOCOL

1. Silence during the ceremony

When you are in the sacred ceremonial space our hearing is exceptionally sensitive under the medicine. We are asking you to be in silence all night during the ceremony. If you need anything you can always ask helpers.

2. Do not touch other people

if you feel your friend/neighbour needs help, please ask one of the helpers and we will notify a Pajés .

3. Process in- ward

Hold yourself, do not outward your processes through your vocal expression, use breath, focus on the sacred chants to guide you.

4. Let the body be still

Movements can also be distracting to other participants . The second part of the ceremony encourages you to dance and celebrate, bringing the best out of you !

5. Respect the organisers and helpers

If some of the helpers call your attention, please respect and be mindful do not take it personally.

RULES OF CONDUCT FOR THE VISITOR

- *Unaccompanied minors are not allowed.*
- *Alcohol or other illegal drugs are not permitted.*
- *Do not walk in unauthorised areas.*
- *Do not photograph or record without the permission of the coordinator or Cacique da Aldeia.*
- *For safety reasons, during hiking on the trails, all visitors should be dressed in trousers, shirt and wearing sneakers or closed shoes.*